

UMSL | Education

University of Missouri–St. Louis

UMSL Counseling Program

Mission:

The Counseling Program's mission is to prepare school counselors and clinical mental health counselors to serve the mental health needs of culturally diverse individuals, groups, couples, and families in need. The Program's outreach extends to schools, colleges and universities, community based organizations, business and industry, as well as independent practice. We strive to develop a culturally diverse student population and to draw students from local, regional, national, and international locations.

Program Objectives:

UMSL's program objectives describe student learning outcomes that all graduates of our programs should meet. These objectives reflect knowledge and projected counseling practice needs for counseling professionals in a diverse society.

Upon completion of the program, graduates will be able to ...

1. Demonstrate awareness and abilities in promoting equity and justice in the face of systemic oppression.
2. Demonstrate ethical and culturally relevant helping relationship and conceptualization skills to help facilitate client growth.
3. Apply the process and practice of clinical supervision and consultation, through the utilization of theory, assessment, gatekeeping, and ethical and culturally relevant strategies.
4. Design course content and assessment methods while integrating andragogy, differentiation, and gatekeeping awareness and skills in teaching.
5. Develop rigorous, ethical, and intentionally designed counseling research utilizing qualitative and quantitative methods.
6. Disseminate scholarship and research in professional presentations and/or publications.
7. Demonstrate leadership by integrating knowledge of models and approaches to leadership in the program, community, or field.
8. Create plans for advocacy for the profession, for clients, and with marginalized populations to stand up against systemic inequity.