
Counseling Currents

A Newsletter by, for, and about the faculty, students, staff, and alumni/ae of
the Division of Counseling & Family Therapy at the University of Missouri - Saint Louis

Volume 2, Number 1

September, 2001

Welcome New Students!

by Therese Cristiani, Ed.D., Chair, Division of Counseling

As Chair of the Division of Counseling, I am pleased to welcome you to your graduate studies here at University of Missouri - St. Louis. I know you will find this diverse faculty to be among the finest in the country. With national/international experts in the fields of Professional Ethics, Career Counseling, School Counseling, Multicultural Counseling, Women's Issues, and Eating Disorders, the depth and breadth of your education is insured! This incredible faculty has worked for two years to improve the quality of the curriculum and we were awarded national accreditation through CACREP. I hope your graduate studies will be a rewarding experience. We always welcome any feedback on ways to make your educational experience a great one! You can contact me at cristiani@umsl.edu.

Division of Counseling NOW "Division of Counseling & Family Therapy"

by R. Rocco Cottone, Ph.D.

The Division of Counseling has changed its name to the Division of Counseling and Family Therapy (DCFT). The name change was accomplished to solidify the DCFT's role in training couple and family therapists. It also helps to ensure that graduates will be eligible to sit for licenses in the couple and family therapy field. The name change also represents a commitment by the faculty to develop the couple and family counseling sequence of courses offered by the DCFT.

Master's Programs Receive CACREP Accreditation

by Mark Pope, Ed.D., Coordinator of Accreditation

The Board of Directors of the Council on Accreditation of Counseling and Related Educational Programs (CACREP) voted in March, 2001, to award accreditation to the following M.Ed. programs: School Counseling, Community Counseling, and Community Counseling with specialization in Career Counseling. This vote occurred after a two year self-study and site visit by four reviewers from across the country. CACREP accreditation is the highest accreditation for counseling programs with only two other programs in Missouri having received such accreditation. The Career Counseling is only one of eight programs in the USA to receive such accreditation. Any graduate from our M.Ed. programs as of Spring 2001 is considered a CACREP graduate.

General Counseling News ** FINAL DAYS OF ADVANCED PRACTICUM

CNS ED 494: Advanced Practicum will be offered for the final time in the Fall of 2002. If you are a General Counseling student, you must complete this course by this time or you will have to substitute CNS ED 486: Community Counseling Field Experience I.

M.Ed. Comprehensive Exams Scheduled

by Mark Pope, Ed.D., Coordinator of Comprehensive Examination

The Master's degree Comprehensive Exams have been schedule for Monday, October 29, 2001, at the University of Missouri - St. Louis, from 8:30am to noon. M.Ed. students who plan on taking the examination at that time must register by October 1, 2001. See Lynne McCarthy, Division Secretary, for the registration form.

First "Cohort" of Doctoral Students Begin Their Studies

by R. Rocco Cottone, Ph.D., Coordinator of Doctoral Programs

The first group (cohort) of doctoral students enrolled in the Ph.D. and Ed.D. programs in counseling started doctoral courses in August of 2001. This represents the first "cohort" admission to the doctoral program. In the past there was a rolling admission procedure allowing admissions several times a year. Now all prospective doctoral students must apply by January of the year they desire admission, and then, if admitted, they must start coursework in August with the other newly admitted doctoral students. The "cohort" method of admission is designed to maximize doctoral student interaction and comraderie. It also allows for optimized course sequencing to ensure that doctoral students make progress in their degrees in an orderly way. Individuals interested in admission to the doctoral program should seek information and make application before the January deadline. Contact the Division of Counseling and Family Therapy office at 314.516.5782, or Dr. Cottone at 314.516.6094.

New Faculty Join Division of Counseling

The Counseling Faculty welcomes **Dr. Susan Kashubeck-West** to our faculty. Dr. Kashubeck-West received her Ph.D. in Counseling Psychology from The Ohio State University in 1989. She then taught at Drake University in the Department of Psychology from 1989-1993 and at Texas Tech University from 1993-2001 in their APA-approved counseling psychology program. She was tenured and promoted to Associate Professor in 1997 and came to UM-St. Louis, as a tenured Associate Professor. Her main research interests include eating disorders, multicultural issues, and parental alcoholism. Dr. Kashubeck-West was highly recruited by several major universities during her job hunt and chose to come to our up and coming program. We are delighted to have such a scholar on our faculty. Her most recent publications included being the major contributor for a special section of The Counseling Psychologist on eating disorders in women.

Planning on Graduating in January, 2001?

Don't forget to complete your BLUE "INTENT TO GRADUATE" card by September 1, 2001, or you'll be singing the blues instead of walking down the aisle to collect your diploma and a handshake. Intent to graduate cards can be found in the mail boxes on the 4th floor.

Doctoral Program Application Are Now Being Accepted

Applications are now being taken for admission to the August, 2001 class for the Ph.D. in Education with an emphasis in "counseling" and the Ed.D. in Behavior/Developmental Processes with an emphasis in "counselor education and supervision." Information on both programs can be found at the Division of Counseling's website, or requests for packets on both or either programs can be requested through **Dr. R. Rocco Cottone**, UM-St. Louis, Division of Counseling (469 MH), College of Education, 8001 Natural Bridge Road, St. Louis, MO 63121, USA.

Pope Nominated for ACA President - Faculty, Alumni, and Students Urged to Vote

Dr. Mark Pope, Associate Professor, has been nominated for the position of President of the American Counseling Association. He will be running against Jim Wigtil and Mike Robinson. The ballot for this election will appear at part of ACA's Counseling Today in December, 2001.

Division of Counseling & Family Therapy "In the News"

Dr. Therese Cristiani, Chair and Associate Professor, took a trip of a lifetime in the summer to Machu Picchu in Peru to visit the ruins there. She actually climbed up the stairs!

Dr. Rocco Cottone, Professor, appeared on a variety of news venues during the "Jerry Lewis Muscular Dystrophy Telethon." Dr. Cottone's son, Tori, has a form of MD.

Dr. Mark Pope, Associate Professor, was awarded tenure by the University of Missouri, received the "Outstanding Faculty of the Year" from the College of Education, was appointed as ACA Parliamentarian (2001-2002), was appointed Chair of the NCDA Professional Standards Committee (2001-2003), and received the 2001 Kitty Cole Human Rights Award from the American Counseling Association.

Dr. Lori Schnieders, Assistant Professor, was awarded a grant from the University of Missouri - St. Louis Center for International Studies to travel to Ireland to conduct research on technology and counseling.

Dr. Kent Butler, Assistant Professor, spent the summer in Connecticut working on the Upward Bound Program.

Three doctoral students were awarded Graduate Assistantships for the Academic Year 2001-2002 -- **Leigh Shelton, Maria Sveindottir, and Michael Rankins**.

Publications and Presentations and Grants

Dr. Lori Schnieders, Assistant Professor, received a large grant from the National Institute on Drug Abuse to study drug free schools through middle school students and their parents as part of a psycho-educational group.

Dr. Mark Pope, Associate Professor, was appointed to the Editorial Board of The Family Journal, one of the primary journals in the field of couples/family counseling.

 UM-St. Louis doctoral student, **Michael Rankins, M. Ed.**, presented his research at the annual convention of the American Psychological Association, August 24-28, 2001, in San Francisco. Rankins proposal was selected from hundreds of proposals submitted to Division 17: Counseling Psychology. Dr. Mark Pope, Associate Professor, and Dr. Art Gillaspay, Assistant Professor, were also authors on the manuscript.

Pope, M., Rankins, M., & Gillaspay, J. A. (2000, August). Methamphetamine abuse and sexual risk-taking among gay and bisexual males. A poster presented at the 109th annual convention of the American Psychological Association, San Francisco, USA.

Dr. Susan Kashubeck-West, Associate Professor, had the following publications:

Kashubeck-West, S., & Mintz, L. B. (2001). Eating disorders in women: Etiology, assessment, and treatment. The Counseling Psychologist, *29*, 627-634.

Kashubeck-West, S., Mintz, L. B., & Saunders, K. (2001). Assessment of eating disorders in women. The Counseling Psychologist, *29*, 662-694.

Kashubeck-West, S., & Saunders, K. (2001). Body image. In J. J. Robert-McComb (Ed.), Eating disorders in women and children: Prevention, stress management, and treatment (pp. 185-200). Boca Raton, FL: CRC Press.

Kashubeck-West, S., & Saunders, K. (2001). Inventories used to assess eating disorder symptomatology in clinical and non-clinical settings. In J. J. Robert-McComb (Ed.), Eating disorders in women and children: Prevention, stress management, and treatment (pp. 59-85). Boca Raton, FL: CRC Press.

Kashubeck-West, S., & Schaefer, R. L. (2001, August). Parental alcoholism and depression: A meta-analytic review. Poster presented at the annual convention of the American Psychological Association, San Francisco.

Kashubeck-West, S., & Sharpe, D. (2001, August). Bulimic symptomatology, depression, and anxiety: Their comorbidity in adolescent Hispanic females. Poster presented at the annual convention of the American Psychological Association, San Francisco, August, 2001.

Johnson, A., & **Kashubeck-West, S.** (2001, August). Gender differences in predictions of disabled life satisfaction. Poster presented at the annual convention of the American Psychological Association, San Francisco, August, 2001.

Dr. Mark Pope, Associate Professor, had the following publications in 2001:

Jordan, T. E., & **Pope, M.** (2001). Developmental antecedents to adolescents' occupational knowledge: A 17-year prospective study. Journal of Vocational Behavior, *58*, 279-292.

Kenney, M., Nishimura, B., Pier, P., Salazar, C., Herring, R., **Pope, M.**, & Wehrly, B. (2001, March). Multiracial issues and concerns: A town meeting. A workshop presented at the annual convention of the American Counseling Association, San Antonio, Texas, USA.

Pope, M. (2000, November). History of the St. Francis River Band of Cherokees. Website of St. Francis River Band of Cherokees, <http://www.umsl.edu/~pope/saintfrancisriverband/history.html>.

Pope, M. (2001). A review of the Kuder General Interest Survey. In J. T. Kapes & E. W. Whitfield (Eds.), A counselors' guide to career assessment instruments (4th ed.). Tulsa, OK: National Career Development Association.

Pope, M., & Englar-Carlson, M. (2001, October). Fathers and sons: The relationship between masculinity and violence. The Family Journal.

Pope, M., Fish, K., O'Donnell, K., Covington, W., & Rankins, M. (2001, April). Counseling gay, lesbian, bisexual, and transgender students. A workshop presented at the School Counselors Professional Development Day, St. Louis Public Schools, St. Louis, Missouri, USA.

Pope, M., Hinkelman, J., Palma, T., & Flojo, J. (2001, August). Social justice and vocational psychology: Gay, lesbian, bisexual, and transgender issues. A roundtable presented at the 109th annual convention of the American Psychological Association, San Francisco, California, USA.

Pope, M., Lewis, J., Pedersen, P., & Tan, E. (2001, December). Social justice issues in counseling around the world. A symposium presented at the Ninth International Counseling Conference, Kuala Lumpur, Malaysia.

Pope, M., Rankins, M., & Gillaspay, J. A. (2001, August). Methamphetamine abuse and sexual risk-taking among gay and bisexual males. A poster session presented at the 109th annual convention of the American Psychological Association, San Francisco, California, USA.

Pope, M., & Russell, M. (2001). A practitioner's view of career development policy in the United States. In B. Hiebert & L. Bezanson (Eds.), Career development and public policy around the world, Ottawa, Canada: Canadian Career Development Foundation.

Pope, M., & Wachter-Klepac, M. (2001, February). Using the MBTI in career counseling. A workshop presented at the annual convention of the American Counseling Association of Missouri, Jefferson City, Missouri, USA.

Russell, M., & **Pope, M.** (2001, March). The loneliness of the career counselor. A workshop presented at the International Association for Educational and Vocational Guidance, Vancouver, British Columbia, Canada.

Community Counseling News

by Dr. Susan Kashubeck-West

Winter 2001 Internship/Field Experience Reminder: The deadline for Community Counseling Field Experience I & II (CNS ED 486/487) applications is November 1st. Application packets can be picked up in the mail boxes on the 4th floor outside the Division of Counseling & Family Therapy office. Your choice of an Field Experience site is a very important decision. Please discuss your options with your advisor. A list of potential sites is available from Ms Lynne McCarthy. Note that students who did CNS ED 486 in Fall 2001 will need to resubmit an application to take CNS ED 487 in Winter 2001.

Art and Poetry Flourish in the Hearts of Counselors

Dr. Rocco Cottone, Professor, and **Dr. Lori Schnieders**, Assistant Professor, have published companion poetry books and donated royalties to the fight against muscular dystrophy. The books were showcased during the Muscular Dystrophy Association Telethon over labor day in St. Louis and Cincinnati, Ohio. Dr. Cottone's book is titled, Poetry for Men, and is described as "a lustful, loving, sometimes funny, but always insightful journey through manhood." Dr. Schnieders' A Journey of the Heart has been called "a sensitive, gentle, and insightful look at life and the

feminine journey." Either book is available for \$11.95 (plus postage and tax) through Amazon.com, or through the publisher -- RiverRock, Inc., P. O. Box 210205, St. Louis, MO 63121, USA, Phone: 1.314.610.9999. All royalties from both books are being donated to the fight against muscular dystrophy.

Bye-Bye to Dr. G

Dr. Art Gillaspay, Assistant Professor, resigned from the UM-St. Louis faculty to take a position as Assistant Professor at Central Arkansas University. Dr. G and his family were from that area and, with the arrival of their 2nd child, they all wanted to be around the grandparents during this time. He will be missed greatly.

Calendar (OR Important Dates to Pay Attention to)

September 1, 2001 -- File "Intent to Graduate" blue card so you can graduate in January 2001.

October 1, 2001 -- Last day to register for M.Ed. Comprehensive Examination. See Ms Lynne McCarthy, Division of Counseling & Family Therapy Secretary, 469 Marillac Hall, 1.314.516.5782.

October 17, 2001 -- 4:00-5:15pm -- New Student Orientation for Division of Counseling & Family Therapy in B24 under the Library.

October 11-13, 2001 - North Central Association for Counselor Education and Supervision Conference, Oakbrook, IL.

October 25-26, 2001 - Statewide meeting of Counselor Educators and Missouri

Department of Elementary and Secondary Education, Kirksville, MO.

October 29, 2001 -- M.Ed. Comprehensive Examinations administered.

February 1, 2002 -- Last day to register for M.Ed. Comprehensive Examination.

See Ms Lynne McCarthy, Division of Counseling Secretary, 469 Marillac Hall, 1.314.516.5782.

February 25, 2002 -- M.Ed. Comprehensive Examinations administered.

March 22-27, 2002 -- ACA Annual Convention, New Orleans, www.counseling.org, 1.800.347.6647.

August 23-27, 2002 -- APA Annual Convention, Chicago, www.apa.org.

Handy Phone and Email Addresses for When You Have a Question

School Counseling Program: Dr. Lori Schnieders, 314.516.6088

Community Counseling Program: Dr. Susan Kashubeck-West, 314.516.6091

Community Counseling Program/Career Emphasis: Dr. Mark Pope, 314.516.7121

Doctoral Programs & Family Therapy Emphasis: Dr. R. Rocco Cottone, 314.516.6094

Comprehensive Examination: Ms Lynne McCarthy, 314.516.5782

School Counselor Certification: Dr. Lori Schnieders @

<http://www.umsl.edu/~behnschn>.

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TIME SENSITIVE MATERIAL
PLEASE OPEN IMMEDIATELY

-- your accomplishments (share them with our students); a new book of poetry; convention presentation; -- anything new ... policy, baby, ...

- >What's New in Community Counseling (Art) What's New in School Counseling (Lori)
- >What's New In Doctoral Programs (Rocco) "We Hate to See You Go" Tributes (Therese) Welcome to New Students (Therese)
- >New Faces (Lori & Therese)
- >Calendar (Mark and anybody who has a date for an deadline or event) News Shorts (Mark) - faculty retreat,
- >Faculty, Staff, & Students in the News (includes publications & presentations) (send to Mark)
- >Editorial (Mark)
- >Accreditation News (Mark)

- >Your loving, caring, and sensitive Editor,

- >Mark

Colleagues -

It's time for the next edition of our Division newsletter and we need copy now. Please take a minute to look over the following list and see if you have something to submit. Deadline is September 10, 2001

Since January 30, 2001

- 1) what have you accomplished?
- 2) have you traveled in USA or outside USA?
- 3) did you present a paper or workshop at a convention or conference?
- 4) did you present a paper or workshop with a graduate student?
- 4) did you have a new manuscript published as a journal article, chapter, or book?
- 5) did you get a new award?
- 6) did you get elected to a professional position?
- 7) did you see an article in the newspaper on UM-St. Louis or our graduate students?
- 8) did you get appointed to an editorial board?
- 9) did you get a new baby?
- 10) what did you do in the summer?
- 11)

Your Editor,

Mark