
Counseling Currents

A Newsletter by, for, and about the faculty, students, staff, and alumni/ae of the Division of Counseling.

Volume 1, Number 2

January, 2001

POPE Nominated for ACA President - VOTING DEADLINE JANUARY 31!

by Dr. Therese Cristiani

Voting is now going on for the next ACA President. Three candidates have been nominated by ACA members for this position: David Kaplan, Jackie Allen, and our own Mark Pope. Those of you who have had Dr. Pope in class have loved him (we know from your evaluations). We are very proud to have him as a part of our faculty! In the past four years since Dr. Pope has been here, he has led our CACREP Self-Study Team and garnered over \$2 million in grants for the Division. The ballot was included in your December issue of Counseling Today (yellow paper) and must be completed and returned by JANUARY 31, 2001. Voting is very important for it determines the direction of our profession.

Welcome New Students!

by Therese Cristiani, Ed.D., Chair, Division of Counseling

As Chair of the Division of Counseling, I am pleased to welcome you to your graduate studies here at University of Missouri - St. Louis. I know you will find this diverse faculty to be among the finest in the country. With national/international experts in the fields of Professional Ethics, Career Counseling, School Counseling, Multicultural Counseling, Women's Issues, and Addictions, the depth and breadth of your education is insured! This incredible faculty has worked for two years to improve the quality of the curriculum and we are in the process of applying for national accreditation through CACREP. I hope your graduate studies will be a rewarding experience. We always welcome any feedback on ways to make your educational experience a great one! You can contact me at cristiani@umsl.edu.

UM-St. Louis Visited by CACREP Accreditation Team

by Mark Pope, Ed.D., Coordinator Accreditation

Just after Thanksgiving this past Fall Semester, our Division of Counseling was honored to be visited by an accreditation team of counselor educators from CACREP (Council on the Accreditation of Counseling and Related Educational Programs). Led by Dr. Dale Septeowski (Concordia University, River Forest, Illinois), the other team members were Dr. Nancy Nishimura (University of Memphis), Dr. Arden Gale (University of Arkansas), and Dr. Spencer Niles (Pennsylvania State University and Editor of the Career Development Quarterly). This outstanding group of counselor educators was here to evaluate four of our programs for CACREP accreditation: Community, School, Career, and Doctoral. The final decision will be made by the CACREP Board of Directors when it meets during the American Counseling Association annual convention in San Antonio in March, 2001. Stay tuned. We are expecting a positive outcome.

Planning on Graduating in May, 2001?

Don't forget to complete your BLUE "INTENT TO GRADUATE" card by February 1, 2000, or you'll be singing the blues instead of walking down the aisle to collect your diploma and a handshake. Intent to graduate cards can be found in the mail boxes on the 4th floor.

Doctoral Program Applications Are Now Being Accepted

Applications are now being taken for admission to the August, 2001 class for the Ph.D. in Education with an emphasis in "counseling" and the Ed.D. in Behavior/Developmental Processes with an emphasis in "counselor education and supervision." Information on both programs can be found at the Division of Counseling's website, or requests for packets on both or either programs can be requested through **Dr. R. Rocco Cottone**, UM-St. Louis, Division of Counseling (469 MH), College of Education, 8001 Natural Bridge Road, St. Louis, MO 63121, USA. Deadline for receipt of completed application is February 15, 2001.

Want To Get Your LPC?

On Thursdays from 6:00 to 9:00 pm during the Winter (now called Spring) Semester, a special group of students will gather together to study and prepare for the LPC examination. UM-St. Louis Extension in conjunction with Division of Counseling faculty are presenting a "prep course" for the National Counselor Examination. February 8-April 12 at J.C.Penney Conference Center. Contact: Buddy Poe at 314.516.5971, at UM St. Louis Continuing Education & Outreach.

Two Faculty Positions Open in Counseling

Over 50 professors from all over the world have applied for the two positions currently being advertised by the Division of Counseling. We are looking for Associate or Assistant Professors who specialize in assessment, marriage & family, adolescent, or child. Contact **Dr. Therese Cristiani**, UM-St. Louis, Division of Counseling (469 MH), College of Education, 8001 Natural Bridge Road, St. Louis, MO 63121, USA, cristiani@umsl.edu.

Endowed Professor Coming to Division of Counseling

Dean Charles Schmitz announced this week (January 23) that the E. Desmond Lee Foundation will endow a professor of parent and family education in the Division of Counseling. A search for this position will begin immediately with the person scheduled to begin their work here in the Fall 2001.

Division of Counseling "In the News"

Dr. Mark Pope, Associate Professor, was awarded the American Counseling Association's Kitty Cole Human Rights Award for this year. He will receive his award at ceremonies during the upcoming ACA World Conference in March, 2001.

Dr. S. Kent Butler, Assistant Professor, was co-author of an article which appeared in the January edition of ACA's Counseling Today. Title of the article was "Clinical Supervision in the Schools."

Dr. H. Lori Schnieders, Assistant Professor, made a keynote presentation to the Jackson, Missouri Public Schools.

Community Counseling News

by Art Gillaspay, Ph.D.

Summer and Fall 2001 Internship/Field Experience Reminder: The deadline for Community Counseling Field Experience I & II (CNS ED 486/487) and General Counseling Internship (CND ED 490) applications is May 1st. Application packets can be picked up in the mail boxes on the 4th floor outside the Division of Counseling office. Your choice of an Internship/Field Experience site is a very important decision. Please discuss your options with your advisor. A list of potential sites is available from **Dr. Gillaspay**. Note that students who did CNS ED 486 will need to resubmit an application to take CNS ED 487 even if you are at a continuing site.

General Counseling News ** FINAL DAYS OF ADVANCED PRACTICUM

CNS ED 494: Advanced Practicum will be offered for the final time in the Fall of 2002. If you are a General Counseling student, you must complete this course by this time or you will have to substitute CNS ED 486: Community Counseling Field Experience I.

Publications and Presentations

Dr. Therese Cristiani, Associate Professor, with Deb Miller and Leah Preston gave a presentation on the Empowering Young Women conference in November at the National Middle School conference here in St. Louis. With over 100 participants, the presentation was well received and generated a great deal of interest on the part of the attendees.

Mary Singleton, M.Ed. graduate student, and **Dr. Mark Pope**, Associate Professor, co-authored an article on smoking cessation which was selected for publication in the Journal of Counseling & Development.

Singleton, M.G., & Pope, M. (2000). A comparison of successful smoking cessation interventions for adults and adolescents. Journal of Counseling & Development, 78, 448-453.

Dr. Art Gillaspy, Assistant Professor, had an article published, "Validation of the Inventory of Depressive Symptomatology (IDS) in Cocaine Dependent Inmates," in the Journal of Offender Rehabilitation.

Dr. Mark Pope, Associate Professor, and T. C. Wachter-Klepac, doctoral student, were invited to present at the ACA-Missouri State Convention in Jefferson City on "Using the MBTI in Career Counseling."

Deadlines for Fellowship Applications for Graduate Students

The revised forms for the Fellowship competitions sponsored by the Graduate School are now available on line at <http://www.umsl.edu/divisions/graduate/commit.html#guidelines>. The fellowships are the Summer Research Fellowships - Master and Doctoral (due date 30 March 2001), Graduate School Fellowships (due date 26 February; 30 March), and the Dissertation Year Fellowships (due date 30 March 2001). The deadlines listed are for receipt in the Graduate School. Because units are required to rank the applications, units will need to set an earlier internal deadline.

A Student Perspective On CACREP

by Marva Miller, M.Ed.

The University of Missouri-St. Louis Division of Counseling, several semesters ago, applied for Accreditation with the Council for Accreditation of Counseling and Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council on Postsecondary Accreditation (COPA).

During the week of November 26-29, 2000, CACREP performed a site visit in the Division of Counseling. For counseling faculty this meant considerable preparation. For counseling students, this meant many questions during and after classes.

It is now Winter Semester 2001 and the CACREP visiting team have come and gone. Many counseling students may continue to wonder why the Faculty was so busy and what impact the CACREP visit has and will have on their educational objectives.

Well, the Faculty were so busy because they have "guided insight" and they know that upon receiving the CACREP Accreditation it will mean that a UM-St. Louis Counseling degree will be even more valuable. It will also allow for more knowledgeable, prepared, and marketable leaders evolving from this program.

Over the past three semesters, students have witnessed major changes in the total program hours (from 36 to 48) necessary for a counseling degree as well as the number of practicum and internship/community field experience hours required (from 150 to 700).

These changes were necessary to meet the Section III(H. and I.) 1994 CACREP Accreditation Standards, which require 100 clock hours (40 direct service with clients) of practicum and 600 clock hours (240 direct service with clients) of supervised internship/community field experience. (The 2001 CACREP Standards may be viewed at <http://www.counseling.org/cacrep/>). Although the changes may appear extreme, they are not. These requirements are entry level preparation requirements and are by no means all inclusive of what a progressive student should seek.

Consequently, upon completing the degree program and receiving a degree from UM - St. Louis, a graduating student can feel secure that their program has provided them with knowledge of the "COMMON CORE," which are the eight areas of curricular experiences required by CACREP to prepare all counselors. Also, our Division also encourages theoretical research preparation required for those wish to pursue publishing efforts.

The eight areas include: (1) Professional Identity, (2) Social and Cultural Diversity, (3) Human Growth and Development, (4) Career Development, (5) Helping Relationships, (6) Group Work, (7) Assessment, and (8) Research and Program Evaluation. The common core areas represent knowledge areas that are fundamental to the counseling profession.

In addition, students graduating out of programs accredited by CACREP will have the benefits of using a state-designated amount of their internship/community counseling field experience hours towards state licensure requirements.

With the CACREP changes your foundation will be set. Remember, the counseling profession is extremely competitive and we shall not be ill-prepared.

To all fellow students, good luck and much success in your counseling pursuits!

For further information utilize the following websites/telephone numbers:

Missouri Division of Professional Registration <http://www.ecodev.state.mo.us/pr/counselr/other.htm>

American Counseling Association of Missouri
P. O. Box 6643
Jefferson City, MO 65102-6643
1.800.622.9740

New Endorsement Policy

If you have ever asked one of your professors to complete a recommendation form for you, you have experienced "endorsement." The Division of Counseling Faculty have such a policy that says we cannot endorse you or recommend you for a position you have not been trained for. So... if you want us to write a recommendation for you for a job caring for chimpanzees in the St. Louis Zoo, we can't do it. Sorry. But ... we do hope you get the job if you really want it. (big smile).

Art and Poetry Flourish in the Hearts of Counselors

Dr. Rocco Cottone, Professor, and **Dr. Lori Schnieders**, Assistant Professor, have each had a book of poetry published recently. Dr. Cottone's book is titled, Poetry for Men, and is described as "a lustful, loving, sometimes funny, but always insightful journey through manhood." Dr. Schnieders' A Journey of the Heart has been called "a sensitive, gentle, and insightful look at life and the feminine journey." Either book is available for \$11.95 (plus postage and tax) through RiverRock, Inc., P. O. Box 210205, St. Louis, MO 63121, USA, Phone: 1.314.610.9999. All royalties from both books are being donated to the fight against muscular dystrophy.

Calendar (OR Important Dates to Pay Attention to)

January 25-26, 2001 -- National Multicultural Summit, Santa Barbara, CA.

February 1, 2001 -- Last day to register for M.Ed. Comprehensive Examination. See Ms Lynne McCarthy, Division of Counseling Secretary, 469 Marillac Hall, 1.314.516.5782.

February 15-17, 2001 -- ACA-Missouri holds its annual conference in Jefferson City, MO, at the Ramada Inn. For more info, contact Jan Liddy, Executive Director, 1.800.MCA.9470 or rliddy@npwt.net.

February 23-24, 2001 -- "Building a Qualitative Research Community" A conference sponsored by the College of Education. For more info, contact Floyd Welsh at 314.516.5655.

February 26, 2001 -- M.Ed. Comprehensive Examinations administered.

February 30-March 1, 2001 -- Society for Vocational Psychology Conference, Houston, TX.

March 2-4, 2001 -- National Counseling Psychology Conference, Houston, TX.

March 16-20, 2001 -- ACA Annual Convention, San Antonio, TX, www.counseling.org, 1.800.347.6647.

Handy Phone and Email Addresses for When You Have a Question

School Counseling Program: Dr. Lori Schnieders, 314.516.6088

Community Counseling Program: Dr. J. Arthur Gillaspay, 314.516.6079

Community Counseling Program/Career Emphasis: Dr. Mark Pope, 314.516.7121

Doctoral Programs: Dr. R. Rocco Cottone, 314.516.6094

Comprehensive Examination: Ms Lynne McCarthy, 314.516.5782

School Counselor Certification: Dr. Lori Schnieders @

<http://www.umsl.edu/~behnschn>.

Published by the Division of Counseling, College of Education, University of Missouri - St. Louis, two issues per year, 469 Marillac Hall, 8001 Natural Bridge Road, St. Louis, MO 63121-4499, USA. Telephone: 1.314.516.5782, Fax: 1.314.516.5784. Please visit our website at: <http://www.umsl.edu/~educate/~counsel>. Send comments to pope@umsl.edu.

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TIME SENSITIVE MATERIAL

PLEASE OPEN IMMEDIATELY

-- your accomplishments (share them with our students); a new book of poetry; convention presentation; -- anything new ... policy, baby, ...

- >What's New in Community Counseling (Art) What's New in School Counseling (Lori)
- >What's New In Doctoral Programs (Rocco) "We Hate to See You Go" Tributes (Therese) Welcome to New Students (Therese)
- >New Faces (Lori & Therese)
- >Calendar (Mark and anybody who has a date for an deadline or event) News Shorts (Mark) - faculty retreat,
- >Faculty, Staff, & Students in the News (includes publications & presentations) (send to Mark)
- >Editorial (Mark)
- >Accreditation News (Mark)

>Your loving, caring, and sensitive Editor,

>Mark

February 16, 2000 --
March 23, 2000 --
April 27, 2000 --
May 11, 2000 --