
Counseling Currents

A Newsletter by, for, and about the faculty, students, staff, and alumni/ae of the Division of Counseling.

Volume 1, Number 1 September, 2000

1st Edition of New Division of Counseling Newsletter--Hot off the Presses

by Dr. Mark Pope, Editor

This is the first edition of our new newsletter which we have termed, "Counseling Currents". "Currents" because it will keep you informed and up-to-date on new developments in our Division of Counseling. "Currents" because we here in St. Louis are at the conflux three major rivers for North America and the Heartland of the Midwest. "Currents" because counseling as an art involving people includes the process of going with the flow. We hope you enjoy this newsletter and would appreciate your comments directed to pope@umsl.edu.

Welcome New Students!

by Therese Cristiani, Ed.D., Chair, Division of Counseling

As Chair of the Division of Counseling, I am pleased to welcome you to your graduate studies here at University of Missouri - St. Louis. I know you will find this diverse faculty to be among the finest in the country. With national/international experts in the fields of Professional Ethics, Career Counseling, School Counseling, Multicultural Counseling, Women's Issues, and Addictions, the depth and breadth of your education is insured! This incredible faculty has worked for two years to improve the quality of the curriculum and we are in the process of applying for national accreditation through CACREP. I hope your graduate studies will be a rewarding experience. We always welcome any feedback on ways to make your educational experience a great one! You can contact me at cristiani@umsl.edu.

UM-St. Louis Called a "Hidden Treasurer" in National Survey of School Counselors

In a nation-wide survey of high school guidance counselors, UM-St. Louis was identified as a 'hidden treasure,' one of 169 colleges and universities recommended as 'terrific colleges that aren't as well known as they should be.' - Newsweek/Kaplan's How to Get Into College, Special issue 1999).

Planning on Graduating in January, 2001?

Don't forget to complete your BLUE "INTENT TO GRADUATE" card by September 1, 2000, or you'll be singing the blues instead of walking down the aisle to collect your diploma and a handshake. Intent to graduate cards can be found in the mail boxes on the 4th floor.

Doctoral Program Application Are Now Being Accepted

Applications are now being taken for admission to the August, 2001 class for the Ph.D. in Education with an emphasis in "counseling" and the Ed.D. in Behavior/Developmental Processes with an emphasis in "counselor education and supervision." Information on both programs can be found at the Division of Counseling's website, or requests for packets on both or either programs can be requested through **Dr. R. Rocco Cottone**, UM-St. Louis, Division of Counseling (469 MH), College of Education, 8001 Natural Bridge Road, St. Louis, MO 63121, USA.

Retirements: Drs. Jakubowski and White Take Early Retirement

The retirements of **Dr. Patricia Jakubowski** and **Dr. Glenn White** were announced at the end of the 1999-2000 academic year. **Dr. Jakubowski** will continue to teach on a part time basis for the next three years and **Dr. White** has fully retired but will continue his work in private practice. It is difficult to imagine UM-St. Louis' Counseling Program without these faculty who have collectively taught over 50 years here at the university. Their contributions to hundreds of students and the subsequent impact on client's over the past 25 years is difficult to grasp. Please join the faculty and staff in wishing them the very best years of their lives in retirement!

New Faculty Join Division of Counseling

The Counseling Faculty welcomes two new faculty to the Division.

Dr. Kent Butler, Assistant Professor, joins the UM-St. Louis faculty from his staff position as Residence Hall Director at the University of Texas-Austin. He holds a Ph.D. in Counseling Psychology from the University of Connecticut where he also completed his BA and Master's degree. **Dr. Butler's** professional interests are in the area of multicultural and school counseling.

Dr. Donna Noonan, Affiliate Assistant Professor, has over eight years of teaching experience at the graduate level from IUPUI, Lindenwood University, and UM-St. Louis (adjunct). She has a Ph.D. in Marriage and Family Therapy from St. Louis University and a Master's degree in Counseling from UM-St. Louis. **Dr. Noonan** has experience as a special educator and has expertise in school counseling as well as counseling children and adolescents.

Division of Counseling "In the News"

Dr. Therese Cristiani, Chair and Associate Professor, continued her work with adolescent females this summer. She conducted a workshop on Body Image at the Missouri Fine Arts Academy at Southwest Missouri State University in June. She also participated in a planning retreat in Colorado for "Dance and Dialogue," a collaborative program with Gash/Voight Dance Theater for adolescent and adult females. As Executive Director of the "Empowering Young Women Conference," she is pleased to announce that Harvard Professor and author, Jean Kilbourne, an expert on the effects of the media on body image, will address parents and counselors as well as keynote the November EYW Conference. Watch for details!

Dr. Mark Pope, Associate Professor, completed his term as Immediate Past President of the National Career Development Association and was then nominated for the position of President of the American Counseling Association. He will be running against David Kaplan and Jackie Allen. The ballot for this election will appear at part of ACA's Counseling Today in December, 2000.

Dr. Lori Schnieders, Assistant Professor, was elected President-Elect of the American Counseling Association of Missouri.

Dr. Rocco Cottone, Professor, appeared on a variety of news venues during the "Jerry Lewis Muscular Dystrophy Telethon." Dr. Cottone's son, Tori, has a form of MD.

Dr. Mark Pope, Associate Professor, received the 2000 Kitty Cole Human Rights Award from the American Counseling Association of Missouri.

Community Counseling News

by Dr. Art Gillaspay

Winter 2001 Internship/Field Experience Reminder: The deadline for Community Counseling Field Experience I & II (CNS ED 486/487) and General Counseling Internship (CND ED 490) applications is November 1st. Application packets can be picked up in the mail boxes on the 4th floor outside the Division of Counseling office. Your choice of an Internship/Field Experience site is a very important decision. Please discuss your options with your advisor. A list of potential sites is available from **Dr. Gillaspay**. Note that students who did CNS ED 486 in Fall 2000 will need to resubmit an application to take CNS ED 487 in Winter 2001.

General Counseling News ** FINAL DAYS OF ADVANCED PRACTICUM

CNS ED 494: Advanced Practicum will be offered for the final time in the Fall of 2002. If you are a General Counseling student, you must complete this course by this time or you will have to substitute CNS ED 486: Community Counseling Field Experience I.

Publications and Presentations

Dr. Rocco Cottone, Professor, had an article with our doctoral student, Ronald E. Claus, published in the Journal of Counseling & Development.

Cottone, R.R., & Claus, R.E. (2000). Ethical decision-making models: A review of the literature. Journal of Counseling & Development 78, 275-283.

Dr. Mark Pope, Associate Professor, was appointed to the Editorial Board of The Career Development Quarterly, one of the primary journals in the field of career counseling.

Two UM-St. Louis doctoral students in Counseling recently presented their research at the annual convention of the American Psychological Association, August 4-6, 2000, in Washington, DC. **Michael Rankins, M.Ed.**, and **Denise Sommers, M.Ed.**, were selected from hundreds of proposals submitted to Division 17: Counseling Psychology. **Dr. Mark Pope**, Associate Professor, was second author on each of the manuscripts.

Rankins, M., & Pope, M. (2000, August). Gay and lesbian marriage: The coming dawn. A poster presented at the 108th annual convention of the American Psychological Association, Washington, DC, USA.

Sommers, D., & Pope, M. (2000, August). Gay and lesbian client preferences regarding the sexual orientation of their counselor. A poster presented at the 108th annual convention of the American Psychological Association, Washington, DC, USA.

Dr. Mark Pope, Associate Professor, was selected by the Society for Vocational Psychology to represent them at a program during the annual convention of the American Psychological Association, August 4-6, 2000, in Washington, DC.

Lent, R., & Pope, M. (2000, August). Ask the experts in vocational psychology: Room to grow. A workshop presented at the 108th annual convention of the American Psychological Association, Washington, DC, USA.

Dr. Art Gillaspay, Assistant Professor, had a paper, "Validation of the Inventory of Depressive Symptomatology (IDS) in Cocaine Dependent Inmates," accepted for publication in the Journal of Offender Rehabilitation.

Two UM-St. Louis Counseling students presented papers at conferences this year. **Ronald E. Claus**, a student in the Ph.D. program, presented a poster, "Exploratory Factor Analysis of the Working Alliance Inventory," at the International Meeting of the Society for Psychotherapy Research in Chicago, Illinois on July 23, 2000. **Barbara Kennedy**, a 1999 graduate of the masters program, presented the poster, "Similarities between Therapist-client Demographic Variables and Working Alliance", at the annual meeting of the Midwestern Psychological Association on May 5, 2000 in Chicago, Illinois. **Dr. Art Gillaspay** was second author on each of the presentations.

Claus, R. E., & Gillaspay, J. A. (2000, July). Exploratory factor analysis of the Working Alliance Inventory. A poster presented at the International meeting of the Society for Psychotherapy Research, Chicago, Illinois, USA.

Kennedy, B., & Gillaspay, J. A. (2000, May). Similarities between therapist-client demographic and working alliance. A poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois, USA.

Dr. Mark Pope, Associate Professor, had the following publications come into print in early 2000:

- Pope, M., & Minor, C. (Eds.) (2000). Experiential activities for teaching career counseling and facilitating career groups. Columbus, OH: National Career Development Association. (Book)
- Pope, M. (2000). A brief history of career counseling in the USA. Career Development Quarterly, 48(3), 194-211. (Journal article)
- Pope, M., Prince, J. P., & Mitchell, K. (2000). Responsible career counseling with lesbian and gay students. In D. A. Luzzo (Ed.), Career counseling of college students: An empirical guide to strategies that work, (pp. 267-284). Washington, DC: American Psychological Association. (Chapter)
- Pope, M. (2000). Preventing school violence aimed at gay, lesbian, bisexual, and transgender youth. In D. S. Sandhu & C. B. Aspy (Eds.), Violence in American schools: A practical guide for counselors, (pp. 285-304). Alexandria, VA: American Counseling Association. (Chapter)
- Pope, M., & Chung, Y. B. (2000). From bakla to tongzhi: Counseling and psychotherapy issues for gay and lesbian Asian and Pacific Islander Americans. In D. S. Sandhu (Ed.), Asian and Pacific Islander Americans: Issues and concerns for counseling and psychotherapy. Commack, NY: Nova Science Publishers. (Chapter)

Doctoral Colloquia Announced

Friday afternoons will once again see faculty and doctoral students gather for a professional development colloquium series (3:00pm, 401 Marillac Hall or other venue). After the pithy discussions of important professional topics, we will adjourn for libations and more informal and provocative discussions. This year's speakers and topics will include:

- September 29, 2000 -- Orientation (Dr. Mark Pope)
- October 13, 2000 -- Technology & Counseling Research (Dr. Lori Schnieders)
- November 17, 2000 -- Career Transitions: From Doctoral Student to Professional Position (Dr. Kent Butler & Dr. Donna Noonan)
- December 8, 2000 -- Qualitative Research Trends (Dr. Virginia Navarro)

Art and Poetry Flourish in the Hearts of Counselors

Dr. Rocco Cottone, Professor, and **Dr. Lori Schnieders**, Assistant Professor, have each had a book of poetry published recently. Dr. Cottone's book is titled, Poetry for Men, and is described as "a lustful, loving, sometimes funny, but always insightful journey through manhood." Dr. Schnieders' A Journey of the Heart has been called "a sensitive, gentle, and insightful look at life and the feminine journey." Either book is available for \$11.95 (plus postage and tax) through RiverRock, Inc., P. O. Box 210205, St. Louis, MO 63121, USA, Phone: 1.314.610.9999. All royalties from both books are being donated to the fight against muscular dystrophy.

Handy Phone and Email Addresses for When You Have a Question

- School Counseling Program: Dr. Lori Schnieders, 314.516.6088
- Community Counseling Program: Dr. J. Arthur Gillaspay, 314.516.6079
- Community Counseling Program/Career Emphasis: Dr. Mark Pope, 314.516.7121
- Doctoral Programs: Dr. R. Rocco Cottone, 314.516.6094
- Comprehensive Examination: Ms Lynne McCarthy, 314.516.5782
- School Counselor Certification: Dr. Lori Schnieders @ <http://www.umsl.edu/~behnschn>.

Graduates Evaluate Program

In the latest evaluation data collected by the College of Education for individuals graduating in 1999, Counseling graduate students rated various aspects of the Division of Counseling and College of Education using a Likert-type 5-point scale from Very Low to Very High.

Other students advice (combined "high" and "very high", 82.6%) and handouts listing requirements (60.9%) were the two most helpful resources in completing degree requirements.

The highest rated experiences in their program of study were internship/practicum courses (78.2%), discussions with other students (56.5%), assigned papers (52.1%), and class lecture and discussion (45.5%), with 25% of the students rating the scholarly paper as having "low" or "very low" value.

The faculty of the Division of Counseling were cited as demonstrating knowledge of content area (56.5%) with only 8.7% rating this area "low" or "very low", providing quality instruction (52.2%), and relating theory to practice (52.2%).

When asked to provide an overall rating based on a "good-fair-poor" scale, graduates rated courses as "good" 59.1%, regular faculty (56.5%), program (54.6%), and adjunct faculty (45.5%). Courses were rated "poor" only 4.6% of the time.

Finally, 81% said they would recommend graduate study in the Division of Counseling to others.

Full results are available for reading in the Division of Counseling office (469 Marillac Hall).

Calendar (OR Important Dates to Pay Attention to)

- September 1, 2000 -- File "Intent to Graduate" blue card so you can graduate in January 2001.
- September 11, 2000 -- School Counseling Program & Certification informational meeting at 5:00pm in the College of Education Auditorium under the Dean's Suite.
- October 1, 2000 -- Last day to register for M.Ed. Comprehensive Examination. See Ms Lynne McCarthy, Division of Counseling Secretary, 469 Marillac Hall, 1.314.516.5782.
- October 19-21, 2000 - North Central Association for Counselor Education and Supervision Biennial Conference, Indianapolis, IN.
- October 26-27, 2000 - Statewide meeting of Counselor Educators and Missouri Department of Elementary and Secondary Education, St. Louis, MO.

October 30, 2000 -- M.Ed. Comprehensive Examinations administered.

November 7, 2000 - General election day in Missouri, vote for President, Governor, U.S. Senator, etc.

November 26-29, 2000 -- CACREP Site Visit.

January 25-26, 2001 -- National Multicultural Summit, Santa Barbara, CA.

February 1, 2001 -- Last day to register for M.Ed. Comprehensive Examination.

See Ms Lynne McCarthy, Division of Counseling Secretary, 469 Marillac Hall, 1.314.516.5782.

February 26, 2001 -- M.Ed. Comprehensive Examinations administered.

February 30-March 1, 2001 -- Society for Vocational Psychology Conference, Houston, TX.

March 2-4, 2001 -- National Counseling Psychology Conference, Houston, TX.

March 16-20, 2001 -- ACA Annual Convention, San Antonio, TX, www.counseling.org, 1.800.347.6647.

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TIME SENSITIVE MATERIAL

PLEASE OPEN IMMEDIATELY

-- your accomplishments (share them with our students); a new book of poetry; convention presentation; -- anything new ... policy, baby, ...

- >What's New in Community Counseling (Art) What's New in School Counseling (Lori)
- >What's New In Doctoral Programs (Rocco) "We Hate to See You Go" Tributes (Therese) Welcome to New Students (Therese)
- >New Faces (Lori & Therese)
- >Calendar (Mark and anybody who has a date for an deadline or event) News Shorts (Mark) - faculty retreat,
- >Faculty, Staff, & Students in the News (includes publications & presentations) (send to Mark)
- >Editorial (Mark)
- >Accreditation News (Mark)

>Your loving, caring, and sensitive Editor,

>Mark

February 16, 2000 --
March 23, 2000 --
April 27, 2000 --
May 11, 2000 --