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# Counseling Currents

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**Division of Counseling & Family Therapy at the University of Missouri-St. Louis**  
**A Newsletter by, for, and about the faculty, students, staff, and alumni/ae**

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**Volume 6, Number 2**

**February 2006**

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## **Welcome New M.Ed. and Ed.D./Ph.D. Students!**

By Therese Cristiani, Ed.D., Chair, Division of Counseling & Family Therapy

As Chair of the division of Counseling & Family Therapy, I would like to welcome all new and returning students. While the new academic year brings a mixture of excitement and some stress for students and faculty alike, we are looking forward to a great year. Each semester there is a Student Orientation to introduce the faculty, explain the components of the school and community counseling program, and to answer questions related to advisement, school certification, and licensure. This meeting is scheduled for Wednesday, March 8, at 4:00 p.m.; the location of the meeting will be announced at a later date. It is open to all students in the school and community counseling programs. This meeting is very important and is designed to assist students by answering lots of FAQ's with regard to the program.

I am very proud of our outstanding faculty who are among the finest in the field. With national and international experts in the fields of Professional Ethics, Career Counseling, School Counseling, Multicultural Counseling, Women's Issues, Couples and Family Therapy, Gay/Lesbian/Bisexual/Transgender Issues, and Eating Disorders, the depth and breadth of your education is insured! Further, as many of you know we are only one of three programs in the entire state of Missouri and the only University of Missouri campus to be awarded accreditation by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). Truly, a degree from our Division at UM-St. Louis is something to be proud of!

I know that each of you will continue to explore your own respective areas of interest. Our faculty is very supportive of students who are seeking opportunities to publish articles or to attend professional conferences. Through your experiences here in the counseling program, you will find many ways in which to continue your professional development. I hope to personally meet each of you during the coming year. I wish you the best of luck in your academic and professional endeavors!

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## **New Student Orientation**

All new students are welcome at the NEW STUDENT ORIENTATION. The orientation will be held on March 8, 2006 from 4 pm-5:15 pm. The location will be announced at a later date.

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**Planning on Graduating in May, 2006 or August, 2006?**

Don't forget to file your BLUE "INTENT TO GRADUATE" card by January 15, 2006 for the May 2006 commencement or June 1, 2006 for the August 2006 commencement! Intent to graduate cards can be found in the information bins on the 4<sup>th</sup> floor of Marillac Building. For more information, contact Lynne McCarthy, 314-516-5782.

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**Workshop**

We are holding another full day **CSIND (Counseling Services for Individuals with Neuromuscular Disease)** training workshop on **February 20, 2006**. The workshop is titled "Counseling Individuals with Neuromuscular Disease" and it is worth 7 continuing education credits through the University of Missouri—St. Louis. If you are a student in the doctoral program planning to do some work with the CSIND grant program, please feel free to attend the meeting, as it is required before clients from the program can be assigned. For faculty, it's an easy way to get free CEU'S. Contact Robin or Jennifer at 314.516.6093 if you are interested, or stop by the CSIND office (457 Marillac Hall) to register.

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**Doctoral Program Applications Are Now Being Accepted**

Applications are now being taken for admission to the August, 2006 class for the Ph.D. in Education with an emphasis in Counseling and the Ed.D. in Behavior/Developmental Processes with an emphasis in Counselor Education and Supervision. The deadline for completing the doctoral application is January 15, 2006. Students are admitted only once per year. Information on both programs can be found at the Division of Counseling & Family Therapy's website, or from **Dr. R. Rocco Cottone**, UM-St. Louis, Division of Counseling & Family Therapy, 469 Marillac Hall, College of Education, One University Boulevard, St. Louis, MO 63121, USA. Application materials can be requested from or picked up in Associate Dean Kathleen Haywood's office on the ground floor in the South Campus Classroom Building.

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**L. P. C. Reviews**

The L. P. C. Review is scheduled for Saturdays, Feb. 11- April 15, 2006. Contact Brenda Shannon-Simms, at (314) 516-5656 for more information.

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**New Class Offering**

Susan Kashubeck-West will be teaching a new course for the Division this summer, entitled "Counseling Sexual Minority Clients." Sign up for CNS ED 6404 if you are interested!

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**M.Ed. Comprehensive Exam**

The deadline to register for the February 27, 2006 Comprehensive Exam is February 1, 2006. Contact Lynne McCarthy at 516- 5782 for more information.

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**Division of Counseling & Family Therapy "In the News"**

**Dr. R. Rocco Cottone**, was interviewed January 24, 2006 by the American Counseling Association Counseling Today newspaper about the new American Counseling Association Code of Ethics section on "Roles and Relationships with Clients:" Dr. Cottone's scholarly analysis and criticism of the old "dual" and "multiple" relationships terminology resulted in a major revision of standards in this area.

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**Awards and Honors**

**Dr. Angela Coker**, Assistant Professor, is a member of the national ACA Knowledge and Research committee. The purpose of the committee is to "promote the advancement and dissemination of research and knowledge in counseling."

**Dr. Susan Kashubeck-West**, Associate Professor, is the American Psychological Association, Division 44 (Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues) Chairperson and Treasurer. In addition, she is a member of the following:

Editorial board member – *Psychology of Women Quarterly*, 2006

Chair, Education Institutional Review Board Committee, University of Missouri-St. Louis

**Dr. Dawn Szymanski**, Assistant Professor, serves as Chair of, *APA Division 17 Section for the Advancement of Women*.

**Publications, Presentations, and Grants**

**Dr. S. Kent Butler**, Assistant Professor, had the following publications and presentations:

**Butler, S. K.**, & Constantine, M. G. (in press). Web-based peer supervision for school counselor trainees: Its influence on collective group identity and case conceptualization ability. *Professional School Counseling*.

Vereen, L. G., **Butler, S. K.**, Williams, F. C., Downing, T. K. E., & Darg, J. A. (in press). The use of humor when counseling African American college students. *Journal of Counseling and Development*.

Crespi, T. D. & **Butler, S. K.** (2005, December). The school counseling internship: Concerns, challenges, and considerations. *Counseling Today*, 48(6).

**Butler, S. K.** (2006, February). Teaching/Counseling African American Males. Panelist, Teaching African American Studies in our School Systems Conference, University of Missouri-St. Louis, St. Louis, Missouri.

**Butler, S. K.** (2006, February). Human Growth & Development Theory. Instructor, Preparing for your LPC Exam Workshop, University of Missouri-St. Louis, St. Louis, Missouri.

**Butler, S. K.** (2006, February). Results Based Training, Normandy Public Schools, St. Louis, Missouri.

**Butler, S. K.**, & Cokley, K., Caldwell, L., & Whaley, A. L. (2006, February). Empowering African American Males: Imaginable Outcomes. Presenter/Moderator. Winter Roundtable, Teachers College, New York, NY.

**Butler, S. K.** (2006, April). Panelist, A Roundtable Discussion on HIV/AIDS and the African American Community: How can counseling be used to address this issue? American Counseling Association (ACA) Annual Convention, Montreal, Canada.

**Butler, S. K.** (2006, April). Social & Cultural Foundations. Instructor, Preparing for your LPC Exam Workshop, University of Missouri-St. Louis, St. Louis, Missouri.

Crespi, T. D. & **Butler, S. K.** (June 2006) Looking Beyond the Master's Degree: Specialist and Doctoral Education and Training for Clinical Supervisors, Clinical Supervision Conference, Buffalo, NY

Rankins, M., **Butler, S. K.**, & Hutchins, M. (2005, October). Presenter, Interracial Marriage and Same-Sex Marriage: Parallel Struggles for Marriage Rights Equality. Association for Counselor Education and Supervision National Conference, Pittsburgh, Pennsylvania.

**Dr. Angela Coker**, Assistant Professor, had the following publications and presentations:

Loder, T. L., Sims, M. J., **Coker, A. D.**, Collins, L., Brooks, M., Voltz, D., & Calhoun, C. (2006). *On Becoming and Being Faculty-Leaders in the Field of Urban Education and Also Being African American...Seems Promising: Reflections from African American Women and Men in the Academy*. (Accepted for publication- Advancing Women Journal)

**Coker, A.D.** (Book Chapter) (Accepted for publication). In big mama's house: Intergenerational issues. In S. M. Hobson & L. A. Carlson (Eds.), *Critical incidents in counseling children*. Alexandria, VA: American Counseling Association.

**Coker, A.D.** (January, 2006). African American Female College Students Talking about Career Development: Implications for Guidance Counselors K-12. *National Career Development Association Career Convergence Online Magazine*.

**Coker, A.D.** Submitted manuscript for review entitled *Engaging Faculty in Difficult Dialogues: How can we promote student awareness about diversity if we can't do it for ourselves?*

**Coker, A.D.** Submitted manuscript for review *Help-Seeking Behaviors of African American women: Implications for Delivering Counseling Services*.

- Holcomb-McCoy, C. & Coker, A.D. (2006). Counselor Educators Seeking Motherhood and Tenure: A Content Analysis. Program accepted for presentation at the 2006. American Counseling Association Conference. Montreal, Quebec.
- Coker, A.D., Covington Rush, L., Butler, K., Bryant, R., Edwards, Y., Bryan, J., McCollum, V. (2006). *HIV/AIDS and the African American Community: How can counseling be used to address this issue? An update from the field*. Program accepted for presentation at the 2006 American Counseling Association Conference (ACA). Montreal, Quebec.
- Coker A.D. (2006, February). *Genderized Racial Tasks: Factors Related to the Development of Positive Self-Esteem in African American Teenage Girls*. Teaching African American Studies in Our School Conference. Program sponsored by the E. Desmond Lee Professorship in African American Studies, Center for International Studies, The University of Missouri - St. Louis.
- Dr. Angela Coker developed a personal growth group for women living at the *Haven of Grace* community agency. *Haven of Grace* is a residential facility for homeless pregnant women. The purpose of this personal growth group is to provide a venue for women to reflect and share their life stories and experiences with the hope of gaining new insight and developing strategies for creating positive futures for themselves and their children. The co-facilitators of the group are Dr. Coker & practicum student, Amber Price. The hope is that in cultivating this relationship with *Haven of Grace*, we will create a new site for students to have internship experiences. For more information about the *Haven of Grace* check out their website: <http://www.havenofgracestl.org/>

**Dr. R. Rocco Cottone**, Professor, had the following publications, presentations, and grants:

- Dr. Cottone** has just completed revising his ethics text—the third edition has some significant changes and a new title: “Counseling Ethics and Decision-making.” The new edition will be published in 2006 with a 2007 copyright.
- On February 20, the Division of Counseling and Family Therapy will sponsor an all day workshop for mental health professionals. The workshop was titled: “Counseling Individuals with Neuromuscular Disease.” Eighty mental health professionals in the St. Louis community have been invited to attend the workshop, which was sponsored by the Missouri Foundation for Health grant.
- Dr. Cottone** received a grant from the Missouri Foundation for Health for \$285,000. The grant provides money for services to individuals with neuromuscular disease. Doctoral students in the counseling program now provide services (individual, couples, family and group counseling) to people affected by muscular dystrophy and conditions like ALS (Lou Gehrig’s disease). The grant continues through April of 2007. Services are provided free of charge.
- Cottone, R. R.** (2005). Detrimental therapist-client relationships- beyond thinking of “dual” or “multiple” roles: Reflections on the 2001 AAMFT code of ethics. *The American Journal of Family Therapy*, 33, 1-17.
- Gilliam, C. M. & **Cottone, R. R.** (2005). Couple or individual therapy for the treatment of depression?: An update of the empirical literature. *The American Journal of Family Therapy*, 33, 265-272.

**Dr. Susan Kashubeck-West**, Associate Professor, had the following publications, presentations, and grants:

- Kashubeck-West, S.** & Syzmanski, D. Risky sexual behavior in men who have sex with men: Internalized heterosexism, sensation seeking, and substance use. Manuscript submitted to The Counseling Psychologist.
- Syzmanski, D., **Kashubeck-West, S.**, & Meyer, J. *Internalized heterosexism: Current knowledge and future directions*. Manuscript submitted to The Counseling Psychologist.
- Syzmanski, D., & **Kashubeck-West, S.** *Mediators of the relationship between internalized oppressions and lesbian and bisexual women’s psychological distress*. Manuscript submitted to The Counseling Psychologist.
- Saunders, K., & **Kashubeck-West, S.** (in press). The relations among feminist identity, gender role orientation, and psychological well-being in women. *Psychology of Women Quarterly*.
- Kashubeck-West, S.**, & Syzmanski, D. (2006, August). *Risky sexual behavior in gay and bisexual men: A model*. Proposal for presentation at the annual convention of the American Psychological Association, New Orleans.
- Meyer, J., & **Kashubeck-West, S.** (2006, August). *The psychological well-being of adults who are late-deafened*. Proposal for presentation at the annual convention of the American Psychological Association, New Orleans.
- Syzmanski, D., & **Kashubeck-West, S.** (2006, August). *Self-esteem and social support as mediators of oppression and distress*. Proposal for presentation at the annual convention of the American Psychological Association, New Orleans.
- Dr. Susan Kashubeck-West** has received a grant from Inflexxion, Inc. entitled, "Efficacy of a College Nutrition Website" for the amount of \$7050.

**Dr. Mark Pope**, Associate Professor, had the following publications, presentations, and promotion:

**Pope, M.**, & Tarvydas, V. M. (2006). Career counseling. In R. R. Cottone & V. M. Tarvydas (Eds.), *Ethical and professional issues in counseling* (3rd ed.) (pp. 289-331). Upper Saddle River, NJ: Merrill/Prentice-Hall.

Wierzalis, E. A., Barret, B., **Pope, M.**, & Rankins, M. (2006). Gay and bisexual men and aging: Sex and intimacy. In D. Kimmel, T. Rose, & S. David (Eds.), *Lesbian, gay, bisexual, and transgender aging: Research and clinical perspectives*. New York: Columbia University Press.

**Dr. Mark Pope**, Ed.D., NCC, MCC, MAC, ACS received the announcement of his promotion to full professor on January 23, 2006, via a letter from UMSL Chancellor Thomas George. Dr. Pope joined the faculty of the Division of Counseling & Family Therapy in 1997 as an Associate Professor and he was awarded tenure in 2001. The Division and College of Education faculty and administrators were unanimous in supporting his promotion capped by the UMSL Campus-wide Faculty Senate Committee on Appointments, Tenure, and Promotion voting 10-0 to approve his promotion to full professor.

**Pope, M.**, Chapin, M., Pangelinan, J., & Pregler, D. (July, 2006). Innovative Developmentally-Appropriate High-Touch Career Services in K-12 Schools and Colleges. National Career Development Association Conference. Chicago, Illinois.

**Dr. Dawn Szymanski**, Associate Professor, had the following publications and presentations:

**Szymanski, D. M.** (2006). Does internalized heterosexism moderate the link between heterosexist events and lesbians' psychological distress? *Sex Roles*, 54, 227-234.

**Szymanski, D. M.** (2005). Feminist identity and theories as correlates of feminist supervision practices. *The Counseling Psychologist*, 33, 729-747.

Balsam, K. F., & **Szymanski, D. M.** (2005). Relationship quality and domestic violence in women's same-sex relationships: The role of minority stress. *Psychology of Women Quarterly*, 29, 258-269.

**Szymanski, D. M.** (2005). Heterosexism and sexism as correlates of psychological distress in lesbians. *Journal of Counseling & Development*, 83, 355-360.

**Szymanski, D. M.** (2005). A feminist approach to working with internalized heterosexism in lesbians. *Journal of College Counseling*, 8, 74-85.

**Szymanski, D. M.** (2006, January). *Stress management for teachers*. Workshop presented for the St. Louis Teacher Enhancement Partnership program at the University of Missouri- St. Louis.

**Szymanski, D. M.**, & Kashubeck-West, S. (2006, August). *Self-esteem and social support as mediators of oppression and distress*. Proposal for presentation at the annual convention of the American Psychological Association, New Orleans.

Kashubeck-West, S., & **Szymanski, D. M.** (2006, August). *Risky sexual behavior in gay and bisexual men: A model*. Proposal for presentation at the annual convention of the American Psychological Association, New Orleans.

Kashubeck-West, S., & **Szymanski, D. M.** *Risky sexual behavior in men who have sex with men: Internalized heterosexism, sensation seeking, and substance use*. Manuscript submitted to The Counseling Psychologist.

**Szymanski, D. M.**, Kashubeck-West, S., & Meyer, J. *Internalized heterosexism: Current knowledge and future directions*. Manuscript submitted to The Counseling Psychologist.

**Szymanski, D.M.**, & Kashubeck-West, S. *Mediators of the relationship between internalized oppressions and lesbian and bisexual women's psychological distress*. Manuscript submitted to The Counseling Psychologist.

### Student Presentations

**Rankins, Micheal**, Butler, S. K., & Hutchins, M. (2005, October). Presenter, Interracial Marriage and Same-Sex Marriage: Parallel Struggles for Marriage Rights Equality. Association for Counselor Education and Supervision National Conference, Pittsburgh, Pennsylvania.

Pope, M., **Chapin, Micheal, Pangelinan, Joe, & Pregler, Debbie**. (July, 2006). Innovative Developmentally-Appropriate High-Touch Career Services in K-12 Schools and Colleges. National Career Development Association Conference. Chicago, Illinois.

**Meyer, Dixie**. (January, 2006). Drama Therapy: An Overview. Missouri State Thespian Conference. Joplin, Missouri.

### Congratulations

**Pope** Promoted to Full Professor

**Mark Pope**, Ed.D., NCC, MCC, MAC, ACS received the announcement of his promotion to full professor on January 23, 2006, via a letter from UMSL Chancellor Thomas George. Dr. Pope joined the faculty of the Division of Counseling & Family Therapy in 1997 as an Associate Professor and he was awarded tenure in 2001. The Division and College of Education faculty and administrators were unanimous in supporting his promotion capped by the UMSL Campus-wide Faculty Senate Committee on Appointments, Tenure, and Promotion voting 10-0 to approve his promotion to full professor.

The following doctoral students are now in the dissertation stage of their doctoral program

**Kathy Kufskie**  
**Sally Blackburn**  
**Stacy Henning**

**Sally Blackburn** is the recipient of the Ross Trust Graduate Scholarship, sponsored by the American Counseling Association. This award is designed to honor counselor education students in the area of school counseling. Sally was selected as one of fifteen students across the US honored with this award.

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### Community Counseling Field Experience Update

Summer and Fall 2006 Field Experience Reminder: The deadline for the Summer Community Counseling Field Experience (from 1-6 semester hours) applications is **April 1, 2006** and the Fall deadline is **June 1, 2006**. Application packets can be picked up in the mailboxes on the 4<sup>th</sup> floor of Marillac outside the Division of Counseling & Family Therapy office. Your choice of a Field Experience site is a very important decision. A list of potential sites is available from Ms. Lynne McCarthy. **Students who took Field Experience in the Spring will need to resubmit an application for Field Experience in Summer 2006.**

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### Art and Poetry Flourish in the Hearts of Counselors

**Dr. R. Rocco Cottone**, Professor, published a book of poetry titled *Poetry for Men*. The work is described as “a lustful, loving, sometimes funny, but always insightful journey through manhood.” **Dr. Cottone** is donating his poetry book proceeds to Muscular Dystrophy charities. His book, entitled, “Poetry for Men,” can be purchased at the bookstore (faculty book shelf) or directly from him. All proceeds go to the fight against Muscular Dystrophy.

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### Chi Sigma Iota Wants You!

The UM-St. Louis branch of Chi Sigma Iota, the National Honors Society in Counseling, would like to invite counseling students in the M.Ed., Ed.D., and Ph.D. programs to join them for a number of exciting social and professional events during this academic year. Students interested in learning more about Chi Sigma Iota or sponsored events should contact **Dr. S. Kent Butler**, Faculty Advisor to Chi Sigma Iota, at 314-516-5325.

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### Professional Liability Insurance

Remember! You cannot begin practicum or field experience unless you have secured professional liability insurance and provided proof to your faculty supervisor. Period. Go to [www.acait.com](http://www.acait.com).

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### Student Rate for American Counseling Association Membership

Are you a member of ACA? The student rate is \$85. Go to [www.counseling.org](http://www.counseling.org) to join immediately.

**Calendar**

January 15, 2006	File blue "Intent to Graduate" card to graduate in May 2006. Last day to apply for Doctoral program.
January 17, 2006	Spring Semester begins.
February 1, 2006	Last day to register for M.Ed. Comprehensive Examination.
February 24-26, 2006	ACA of Missouri annual convention in Jefferson City.
February 26-28, 2006	ACA Legislative Institute, Washington, D.C.
February 27, 2006	M. Ed. Comprehensive Exam.
March 8, 2006	New Student Orientation.
March 30 - April 4, 2006	American Counseling Association Annual Convention, Montreal, Quebec, Canada. <a href="http://www.counseling.org">www.counseling.org</a>
April 1, 2006	Deadline for Field Experience Applications for Summer.
April 26-29, 2006	White Privilege Conference, University of Missouri- Saint Louis.
April 28-29, 2006	Social Justice Conference, George Mason University in Fairfax, Virginia.
May 13-14, 2006	University of Missouri- Saint Louis Spring Commencement.
June 1, 2006	Deadline for Field Experience applications for Fall.
June 24-27, 2006	American School Counselor Association Conference, Chicago, Illinois.
July 7-9, 2006	National Career Development Association National Conference, Chicago, Illinois.
July 20-22, 2006	American Mental Health Counselors Association Annual Conference, Saint Louis, MO. <a href="http://www.amhca.org">www.amhca.org</a>
August 5-6, 2006	University of Missouri- Saint Louis Summer Commencement.
August 10-13, 2006	American Psychological Association Conference, New Orleans, Louisiana.

**Convenient Phone Numbers (for when you have a question)**

School Counseling Program:	Dr. S. Kent Butler	314-516-5325
Community Counseling Program:	Dr. Dawn Szymanski	314-516-6086
Community Counseling/Career Emphasis:	Dr. Mark Pope	314-516-7121
Doctoral Programs & Family Therapy Emphasis:	Dr. R. Rocco Cottone	314-516-6094
Counseling Training Center:	Dr. S. Kent Butler	314-516-5325
M.Ed. Admissions:	Dr. Mark Pope	314-516-7121
Counseling Review Board:	Dr. S. Kent Butler	314-516-5325
Comprehensive Examination:	Ms. Lynne McCarthy	314-516-5782

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**TIME SENSITIVE MATERIAL**

**PLEASE OPEN IMMEDIATELY**